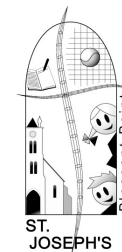


**ST JOSEPH'S SCHOOL
PLEASANT POINT**



SUNSMART SCHOOL POLICY

RATIONALE

This policy is implemented in Terms 1 and 4 when the UV is highest so children and staff are protected from skin damage caused by exposure to harmful UV radiation from the sun.

During the winter months children should be encouraged to enjoy the sun which helps in Vitamin D production and is useful for strengthening healthy bones, teeth and muscles.

GUIDELINES

Our school will:

- Require children to wear a wide brimmed hat when they are outside (e.g. interval, lunch, sport, excursions and other outside activities) during Terms 1 and 4.
- Implement a “No Hat, Play in the Shade” rule. Children without a suitable hat will be required to sit/play in shaded areas.
- Encourage teachers and adults to wear appropriate hats and adopt Sunsmart behaviours when outside, as a role model to the children. This would also include excursions off the school site.
- Work with the wider school community to promote the use of SPF30+ broad- spectrum sunscreen.
- Encourage children to wear clothing that protects the skin from the sun (e.g. sleeves and collars).
- Regularly reinforce and promote SunSmart activities through the newsletter, parent meetings, and student and teacher activities.
- Continue to assess and develop existing shade areas particularly where children congregate. Shade can be both built and natural (e.g. constructed shelter and trees).
- Whenever possible outdoor activities will be scheduled before 11am and conducted in shady areas.
- Encourage parents to provide their own shade when attending outdoor school activities.
- Incorporate Sunsmart education and activities at all levels when delivering the curriculum.

Reviewed: November 2012

Chairperson: _____

Date: _____

This policy should be read in conjunction with the Special Character policy and the school's Mission Statement.